

# Personal, Social, Health and Economics Education

At Pudsey Bolton Royd Primary School our priorities are the children and their achievements in all areas of life. We are committed to developing independent, confident and enthusiastic learners. All children are encouraged to achieve their full potential within a caring and stimulating learning environment. PSHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. It helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up. PSHE education contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions. A significant component of PSHE education is providing opportunities for children and young people to reflect on and clarify their own values and attitudes whilst respecting others' views.

Effective Relationships and Sex Education teaches essential skills for positive, healthy, respectful and meaningful relationships both on and offline. At Pudsey Bolton Royd, we want children to be able to make responsible and well-informed decisions about their lives.

